

Norge / Norway: 2000 - Innendørs / Indoor**Kvinner / Women 55-59 år / years**

pr. 30.06.2000 (oppdatert / updated 07.01.2010)

g - Grop / Pit (for hopp u.t. / Standing Jump Events)

u - Utendørs / Outdoor (for hopp u.t. / Standing Jump Events)

60m (K55-59)

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|-------|-----|--------------------------------------|------|--------|------------|
| 9.76 | (1) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Stange | 26.03.2000 |
| 10.08 | (2) | Elise Marie Wåle, Larvik T&IF | (42) | Stange | 26.03.2000 |
| 10.95 | (3) | Sofie A. Jakobsen, Oslo IL | (43) | Stange | 26.03.2000 |

200m (K55-59)

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|-------|-----|--------------------------------------|------|--------|------------|
| 33.55 | (1) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Stange | 25.03.2000 |
| 35.96 | (2) | Sofie A. Jakobsen, Oslo IL | (43) | Stange | 25.03.2000 |
| 36.10 | (3) | Marian Stenbakk, Moss IL | (44) | Stange | 25.03.2000 |

800m (K55-59)

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|---------|-----|---------------------------------|------|---------------|------------|
| 2:40.32 | (1) | Oddbjørg Haakensveen, Veldre IL | (45) | Stange | 26.03.2000 |
| 2:54.39 | (1) | Marian Stenbakk, Moss IL | (44) | Göteborg, SWE | 11.03.2000 |
| 3:02.69 | (3) | Sofie A. Jakobsen, Oslo IL | (43) | Stange | 26.03.2000 |

1500m (K55-59)

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|---------|-----|----------------------------|------|--------|------------|
| 5:56.90 | (1) | Marian Stenbakk, Moss IL | (44) | Stange | 25.03.2000 |
| 6:17.97 | (2) | Sofie A. Jakobsen, Oslo IL | (43) | Stange | 25.03.2000 |

3000m (K55-59)

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|----------|-----|--------------------------|------|--------|------------|
| 12:29.25 | (1) | Marian Stenbakk, Moss IL | (44) | Stange | 26.03.2000 |
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60m hekk / hurdles 76.2 cm (K55-59)

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| 12.28 | (1) | Elise Marie Wåle, Larvik T&IF | (42) | Stange | 25.03.2000 |
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Høyde / High Jump (K55-59)

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| 1.05 | (1) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Fana | 02.02.2000 |
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Høyde u.t. / Standing High Jump (K55-59)

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|------|-----|--------------------------------------|------|----------|------------|
| 0.97 | (1) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Laksevåg | 30.01.2000 |
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Lengde / Long Jump (K55-59)

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|------|-----|--------------------------------------|------|--------|------------|
| 3.76 | (1) | Elise Marie Wåle, Larvik T&IF | (42) | Stange | 25.03.2000 |
| 3.46 | (1) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Fana | 04.12.1999 |

Lengde u.t. / Standing Long Jump (K55-59)

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|------|-----|--------------------------------------|------|-----------|------------|
| 2.08 | (1) | Elise Marie Wåle, Larvik T&IF | (42) | Stange | 25.03.2000 |
| 2.02 | | Else Storhaug, Frøyland IL | (43) | Frøyland | 04.02.2000 |
| 1.86 | | Randi Hines, Rana FIK | (44) | Mo i Rana | 07.02.2000 |
| 1.82 | (1) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Laksevåg | 30.01.2000 |

Tresteg / Triple Jump (K55-59)

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| 7.07 | (2) | Herborg Ninni Blakstad, Mjøsdalen IL | (42) | Göteborg, SWE | 11.03.2000 |
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Kule / Shot Put 3.0 kg (K55-59)

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| 8.16 | (1) | Elise Marie Wåle, Larvik T&IF | (42) | Stange | 26.03.2000 |
| 6.84 | (2) | Sofie A. Jakobsen, Oslo IL | (43) | Stange | 26.03.2000 |